

COLLEGE OF ARTS AND SCIENCES

PROGRAM LEAD

Beth Robinson

Professor Robinson has years of experience working with a wide variety of clientele. She worked at a nonprofit in Washington, D.C., helping in a free medical clinic that served the homeless. She was a child abuse investigator for the state of Missouri. She has supervised a group home for individuals with intellectual and psychological disabilities. And she has worked in a day treatment center for adults with developmental disabilities. Professor Robinson is a member of the American Therapeutic Recreation Association and the Recreation Therapists of Indiana, and was a former member of its board. She has had her Certification in Recreation Therapy (CTRS) for 20 years.

- M.A., Physical Education and Recreation, Therapeutic Recreation, University of Nebraska at Omaha
- B.S., Government, Northwest Missouri State University

CONTACT

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Recreation Therapy, B.S.

ind.tc/child-development-bs

Are you service minded? Do you want to help people transform their lives? Does the thought of helping people recover from an illness or injury, alleviate a disability or restore independence appeal to you? If so, a degree in recreational therapy can pave the way to the rewarding, people-focused career you are looking for.

From the start, our curriculum will train you to be client-focused while you learn to help persons with physical, cognitive and psychological disabilities set and achieve goals in their personal development. Patients accomplish this through many techniques such as creative play, adaptive sports, the use of animals, art, music, exercise, aquatics and interacting with others in social settings. In addition to the recreation therapy courses, you will receive a background in psychology, human movement and human service fields where you will learn to assess and evaluate clients and create treatment plans. These skills can be valuable in a variety of social service fields in addition to recreation therapy.

Why choose Indiana Tech?

- Our program meets requirements to prepare you for the national certification exam to become a Certified Therapeutic Recreation Specialist (CTRS).
- You will be part of a culture of teamwork between students, advisors and teachers who share the common goal of your personal success.
- You will be required to complete two internships, but you will have so many more opportunities to gain enriching real-life field experience.
- You will have the opportunity to attend conferences that will put you in direct touch with practicing recreation therapists while strengthening your relationship with your instructors and classmates.
- Indiana Tech fosters an active learning environment, enriched by instructors who possess years of experience in their respective fields.

Postbaccalaureate Certificate Program

Indiana Tech offers a postbaccalaureate certificate as an alternative pathway to a career in therapeutic recreation. A postbaccalaureate certificate in recreation therapy will help you become a Certified Therapeutic Recreation Specialist. When you complete this certificate, you will have the academic requirements needed to apply for the National Council for Therapeutic Recreation Certification exam. This opportunity is available to anyone with a bachelor's degree in any field.

Curriculum

Required Core Courses

- BIO 1110 - Anatomy and Physiology
- ES 3700 - Motor Learning & Development
- HIT 1100 - Medical Terminology
- IIT 1000 - University Experience
- PSY 1700 - Introduction to Psychology
- PSY 1750 - Human Growth and Development
- PSY 2000 - Understanding Diversity
- PSY 2510 - Theories of Counseling
- PSY 2520 - Abnormal Psychology
- REC 1200 - Introduction to Recreation Service
- REC 2000 - Recreation Programming
- REC 2500 - Community and Outdoor Recreation
- REC 4200 - Legal Issues in Recreation and Sports
- RT 1200 - Foundations of Recreation Therapy
- RT 2100 - Disabling Cond. & RT Impact
- RT 2600 - Recreation Therapy Practicum
- RT 3000 - Client Assessment & Evaluation
- RT 3400 - Processes and Techniques
- RT 3700 - Administration & Management in Recreation Therapy
- RT 4200 - Advancement of the Profession
- RT 4950 - Recreation Therapy Internship
- SS 2720 - Group Dynamics
- SS 2800 - Introduction to Sociology

Warriors in the Workforce

Indiana Tech graduates with this degree have earned jobs at:

- Meaningful Day Services
- Ferraro Behavioral Services
- North Node Wellness
- Camp Red Cedar
- Flow
- Turnstone
- Pure Abilities
- Anthony Wayne Services

Internship Opportunities

Indiana Tech students pursuing this degree have interned with:

- Easter Seals, ARC
- Athletes With Purpose
- Camp Red Cedar
- The Plex-Fort Wayne
- Pure Abilities
- Anthony Wayne Services
- North Node Wellness

Haley Merz

B.S. Recreation Therapy, 2019

Haley Merz combined her natural compassionate nature with a Bachelor of Science in Recreational Therapy to secure a wonderful position helping others at Pure Abilities, LLC, an Indiana-based company that provides one-on-one therapeutic services for individuals of all ages and disabilities.

While at Tech, the 2018 graduate found her way to Pure Abilities through an internship—an experience that immersed her in the values of recreational therapy and solidified her passion for engaging others in positive life-changing activities. Since being there, she has become a Certified Therapeutic Recreational Specialist (CTRS), and she works within her community to increase awareness and foster inclusion for individuals with disabilities.

During her internship at Pure Abilities, Haley created a GoFundMe page to raise money so one of her clients could accomplish his dream of skydiving. Watch here: <https://www.youtube.com/watch?v=LteBBQuHQo8>.